

## These are other things you can access

### Reading activities

Read a story book.

Watch a story on a website Cbeebies / you tube / book trust <https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/>

### Please Ask questions about pictures and the story.

- Look at photographs, in an album or in the phone, talk about who was there, where did you go? when was it? All children love to look at photos!

Matching objects <i>"Find one like this"</i> Naming objects <i>"What is this?"</i> Imitating a simple sentence <i>"Say this"</i> Recalling objects or information <i>"What did you see? (frog)"</i>	Predicting changes <i>"What will happen if..."</i> Justifying <i>"Why can't you use a spoon to row a boat?"</i> Identifying causes <i>"What made it happen"</i> Formulating a solution <i>"What could you do?"</i> Problem solving <i>"How could we fix it?"</i> Explanations <i>"How can you tell he is sad? (because he is crying)"</i>	Matching objects <i>"Find one like this"</i> Naming objects <i>"What is this?"</i> Imitating a simple sentence <i>"Say this"</i> Recalling objects or information <i>"What did you see? (frog)"</i>	Identifying an object by function <i>"Find something that cuts (scissors)"</i> Describing a scene <i>"What is happening?"</i> Recalling information from a statement <i>"What things.....?"</i> Completing a sentence <i>"Finish this: I like..."</i> Attending to 2 characteristics <i>"Find something that is sweet and red (apple)"</i> Identifying differences <i>"How are these different?"</i> Giving an example within a category <i>"Find a fruit (orange)"</i>
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### Listening activities

- Say/ read /watch nursery rhymes,
- BBC radio have lots of things to listen to <https://www.bbc.co.uk/programmes/p007g5y4>
- BBC sounds CBeebies Radio [https://www.bbc.co.uk/sounds/play/live:cbeebies\\_radio](https://www.bbc.co.uk/sounds/play/live:cbeebies_radio)
- Watch Singing Hands on You tube <https://www.youtube.com/user/SingingHandsUK> – fantastic Makaton signs and songs
- You can also watch programmes on CBeebies or CBBC.

### Practical activities that also benefit fine motor skills *Please see emailed PDF for more ideas*

- Play dough <https://www.bbcgoodfood.com/howto/guide/playdough-recipe>
- Lego
- Drawing, with different things, pencils / crayons / felt tips
- Moving beads/ buttons/ from one container to another using fingers. spoons, tweezers
- Sorting, cereal / pasta all mixed up
- Clip pegs onto clothes/ paper / edge of a shoebox / tin
- Puzzles.
- Cutting with scissors – cut a catalogue, a magazine or a leaflet that comes through the door. Please supervise carefully

### Writing activities

- If your child is able to encourage them to draw or colour in pictures
- Practice letter shapes and write simple words

## Number activities

- Count things! Rote count things, set the table
- Put out objects for children to count, match to a number
- Comparative language, Full and empty – in the bath, heavy and light, big and small,
- 3D shapes, build with empty boxes
- Look at the numbers in the environment, doors, buses prices.
- Make a repeating pattern with things from home,
- Matching – pairing socks,
- Sorting Activities, washing / clothes what belongs to who? Putting cutlery away
- If your child is able to, encourage them to do some practical adding and subtracting dividing and simple multiplication with objects, some children can do written number activities.

## Physical activities

- **Jump start Jonny** <https://www.jumpstartjonny.co.uk/home> there are free workouts and chill outs. Including some free videos <http://www.jumpstartjonny.co.uk/free-stuff>.
- **5 a day - free on you tube**  
Jubilee <https://www.youtube.com/watch?v=gBTvnJpwckW>  
All sports <https://www.youtube.com/watch?v=sLMGJ9S0seE>

## You can also look for

- Just dance on you tube
- Super movers <https://www.bbc.co.uk/teach/supermovers>
- Yoga for kids on You tube
- Joe Wicks is doing a PE session evry day <https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

## Other physical activities

- Go for a walk, - round the block, to the park, get out in the fresh air, following guidelines
- If you have a trampoline, use it.
- If you have bikes /scooters ride them
- Ball games, kicking, throwing, rolling.

## Online games

- <https://www.topmarks.co.uk/> Lots of curriculum activities - please look at activities for early years or key stage 1
- <https://www.bbc.co.uk/teach/supermovers> lots of curriculum activities as well as physical ones.
- <https://www.bbc.co.uk/bitesize/primary> Please look at activities for Key stage 1

Learning without tears (Handwriting without Tears) is offering free activities for 90 days

- <https://www.lwtears.com/programs/distance-learning> you will need to create an account.

Twinkl also has a free trial and has games and powerpoints [www.twinkl.co.uk/offer](http://www.twinkl.co.uk/offer)

code UKTWINKLHELPS Again, please look at activities for early years or key stage 1

- <https://www.helpkidzlearn.com/updates/school-closure.html> Free resources including apps to down load

## **Playing with Toys**

- Prepositions, - put teddy on / under the chair in out the box
- Big doll / teddy play - Brush teddy's hair or teeth. Give them a drink, give them dinner set a place at the table – any toy will do for this (this is really good for listening, following instructions and language development)
- Play a game, taking a turn is a very important skill for our children

## **Cooking – this links directly to maths, literacy, listening, following directions, sequencing and encouraging the our children to be independent.**

- Baking - a cake / biscuits / bread/ pizza
- Pouring cereal out, buttering toast
- Make a sandwich or a snack,
- These are good websites with easy recipe suggestions

<https://www.bbcgoodfood.com/>

<https://fyf20quid.co.uk/browse-recipes>

## **Good tips for bedtime**

**Try to establish a routine. This is going to be very difficult as your usual routine is disrupted.**

- Limit screen time, switch off gadgets an hour before bed
- Engage in some physical activity EVERYDAY, even if you are inside.
- Have a warm bath or shower
- A warm drink and a snack
- If possible share a story or watch or listen to one online.
- Try to have a consistent waking up time and get children dressed. Dressing skills are very important to our children. There will be plenty of time for your child to have a go at putting clothes on independently

We know our children struggle to have a good bedtime routine, to sleep through the night and also wake very early. But would encourage you to maintain as normal a routine as possible.

**If you have questions or need help or advice please use email to contact your child's class teacher or a member of the leadership team. These are all available in the staff section of the school website.**